



A Day of Enrichment for Spiritual Directors Sponsored by Namasté

"The Gift of Embodiment"

Spiritual Direction gives an opportunity to accompany another on a deep path of presence. How might our presence to ourselves, to God and to others be enriched through the gift of embodiment?

We'll begin our day by exploring a number of simple practices that can awaken our own connection to the sacredness and surprise of our bodies. As we grow in comfort and connection, we'll expand our repertory of expression and also weave reflections on how tools of embodiment might be incorporated in spiritual direction practice. Come for a day of invitation, renewal and adventure exploring the gifts of grounding, breath, gesture prayer, *motio divina*, movement improvisation and InterPlay.

Presenter: Betsey Beckman, MM

Betsey is nationally acclaimed as sacred dancer, storyteller, and dancing Spiritual Director. She holds a Masters in Ministry, a certificate in Movement Therapy, and is a certified InterPlay leader. Together, Betsey and Christine Paintner, PhD are co-authors of *Awakening the Creative Spirit: Bringing the Arts to Spiritual Direction*, published by Morehouse/SDI and the two will collaborate in leading a plenary session at the SDI 2011 Conference in Atlanta. Betsey is renowned for her passionate and inspiring repertory of sacred storydances, and she is also publisher of *The Dancing Word* series of DVDs on embodied prayer. She shares the gift of playful embodiment whenever possible! See her website at www.thedancingword.com. **Betsey's book will be available for sale at the event.**

**Date: Friday, April 1, 2011
9:00 a.m. to 3:00 p.m.**

**Location: Historic Laundry Building,
17383 Holy Names Dr., Marylhurst, Oregon 97034 (near the Christie School)**

Suggested Donation : \$65 if postmarked by March 24; \$75 after that date

Registration includes Continental breakfast and lunch

Some partial are scholarships available

Make Checks Payable to: Namasté

****As space is limited to the first 50 registered, please RSVP no later than March 28.****

Day of Enrichment for Spiritual Directors Registration Form

Name _____ Phone _____

Address _____

Email Address _____

Please check here if you prefer a vegetarian lunch

Special dietary needs _____

Enclosed is \$ _____ for workshop registration I would appreciate a partial

**Questions? Call Sheryl Ann
503.421.5230
or email: rswaage@q.com**

**Send registration to:
Sheryl Ann Waage, Registrar
PO Box 22063
Milwaukie, OR 97269**

